



ANTIPASTI --STARTER

Prawn cocktail with fresh mango £8.50

Trio of bruschetta with Parma ham, pecorino cheese and truffle oil, tomatoes and caponata £8.50

Deep fried squid with salad and tartare sauce £8.90

Grilled asparagus, Parma ham and artichokes £9.50

Smoked tuna carpaccio served with green apple sorbet and ginger £9.50

Fresh Burrata cheese served with cherry tomatoes, basil and balsamic £8.50

Baked aubergine parmigiana £8.50

Sea bream carpaccio with salad and grapefruit £9.50

Sautéed mussels in white wine sauce served with toasted bread £7.90

Antipasto dello Chef (Grated mussels, sea bream and swordfish carpaccio, crab and prawns for 2 people) £ 25.00

PRIMI -- MIDDLE

Gluten free and Kamut pasta its available

Spaghetti with tomato sauce and basil £8.50

Penne "Sorrentina" with tomato sauce and mozzarella £9.50

Pappardelle with artichokes, cherry tomatoes, rocket and Grana £12.50

Seafood spaghetti with squid, prawns, mussels, clams and langoustine in tomato sauce £16.50

Traditional homemade lasagna £9.00

Ricotta and spinach ravioli with asparagus and aurora sauce £12.90

Linguine with clams and courgettes £13.50

Tagliatelle with prawns and porcini mushrooms £14.00

Crab risotto with chili, lime and spring onion £14.00

Spaghetti with fresh Scottish lobster (half £26.50/whole £49.00)

Pesce --Fish

Pan fried fillet of swordfish served with Neapolitan Caponata £14.00

Grilled organic salmon served with Mediterranean salad £14.00

Whole grilled seabass with green sauce, roast potatoes and salad £16.50

Teca's fish platter

(half lobster, langoustine, mussels, prawns, crab, chips and salad for 2 people) £39.00

Carni- -Meat

Grilled baby chicken, lemon and herbs sauce with broccoli £12.50

Breaded veal Milanese served with rocket and parmesan salad £16.50

Grilled rib eye steak served with spinach, homemade chips and garlic butter sauce £20.00

Contorni--Side

Rocket & parmesan salad; Mixed salad; Tomato and onion salad; Homemade chips;

Sautéed spinach; Broccoli, chili, garlic and anchovies; Deep fried courgettes

Each £3.50

Dolci --Dessert

Tiramisu' £ 5.00

Sicilian dessert with sweet ricotta cheese, chocolate and pistachios £5.00

Apple tart served with vanilla ice cream £6.00

Vanilla ice cream top with espresso coffee £5.00

Ice cream & sorbet selection £5.00

Italian cheese selection £9.50



**If you have any questions in regards to ingredients or need allergy
advice please ask your waiter.**

A suggested discretionary gratuity of 12.5% will be added to your bill

All prices include VAT of 20%